



The Intrauterine System (IUS)	
	The IUS is a small T-Shaped plastic device which slowly releases the hormone progestogen into the womb
blue Rot Pregnant	It is over 99% effective at preventing pregnancy
2009 2010 2011	It can stay in place for 5 years
	Side effects
	Irregular bleeding or spotting is common in the first six months
	Periods may stop altogether
	Some women report having acne, headaches and breast tenderness
	Other Comments
<b>A</b>	It requires a small procedure to put in and take out the IUS.
	Not affected by other medicines.