



Progestogen only pill	
	Small pill that you take one a day every day which contains the hormone progestogen
Diue Not Pregnant	It is over 99% effective at preventing pregnancy
	You take one pill every day at the same time
	Side effects Some women report having acne, mood changes and breast tenderness.
	Other Comments
	You need to remember to take it every day and at the same time.
	Always use a condom along with the pill when having sex.
	You will need to see your doctor or nurse every 3-6 months for more pills