



CRYOTHERAPY

(using liquid nitrogen or cryoprobe)

What is Cryotherapy?

Cryotherapy is the use of cold to destroy genital warts and some other skin problems. Your skin may be treated with cryotherapy using liquid nitrogen or carbon dioxide.

What does the procedure involve?

The tip or spray will be applied to the wart or other skin problem. This will feel cold and may sting. Usually the area is frozen several times with a short gap between freezing treatments to allow the skin to thaw.

What happens after the treatment?

Please wash with water only after the procedure. There may be some discomfort affecting the treated area over the next 24 hours, and you may wish to take simple painkillers such as Paracetamol. Over the first few days after treatment, you may develop a blister which is best left alone. The area should heal within 7 to 10 days.

Are there any complications?

Sometimes, areas treated with cryotherapy heal leaving either a paler or darker area. This usually fades over time although some people will have permanent changes in skin colour after cryotherapy.

