

Somerset-Wide Integrated Sexual Health Service

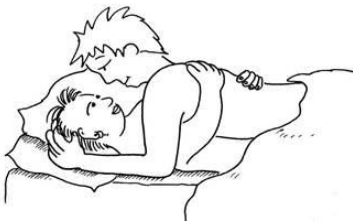
V0.3



What can SWISH help you with?



SWISH can help you with contraception.



SWISH can help you to be safe when you are having sex.



You can ask someone at SWISH to help you.



You do not need to ask your GP.



You can see a doctor or a nurse.



SWISH is confidential. Confidential means we are not allowed to share your information with other people unless you say we can.



Sometimes we need to share your information without your permission to keep you safe if:



We are worried that someone is being hurt or might be hurt



We think somebody is breaking the law



The courts
have told
us we
have to



It will keep
somebody
safe



How can SWISH help you?



Help with contraception.



Tests for infections you can get by
having sex.



Treatments for infections you can get by
having sex.



Emergency contraception.

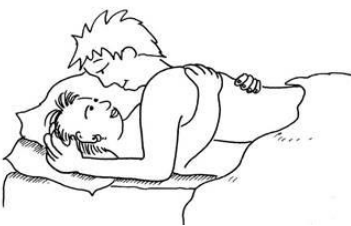


Help to keep you safe from HIV.

HIV is a virus you get from having sex without a condom.



Pregnancy testing.



Help to keep you safe when you have sex.



Help people who are having difficulty with sex.



We can give you condoms and lube.



What will happen when I go to a SWISH clinic?



You will need to sign in at reception.



A doctor, nurse or health care assistant will call you.



They will ask you what you would like help with.



They will ask you questions like:



How is your health?



Have you have had sex before?



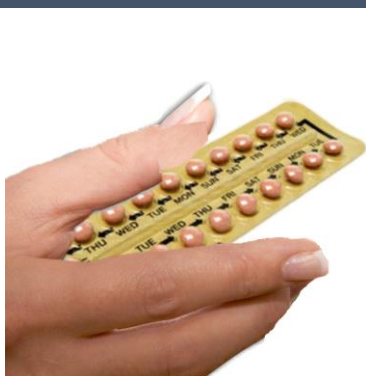
Are you attracted to men?



Are you attracted to women?



They will ask if you need help with contraception.



They can give you contraception.



They can do a test to see if you have an infection by:



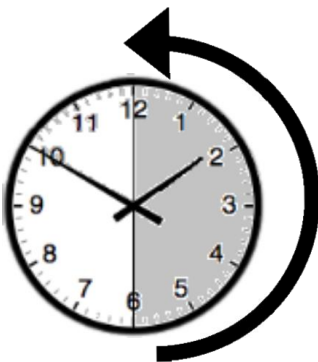
Taking a swab



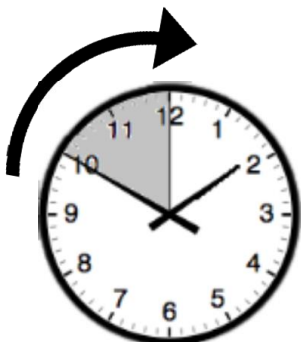
Testing your blood



Testing your wee



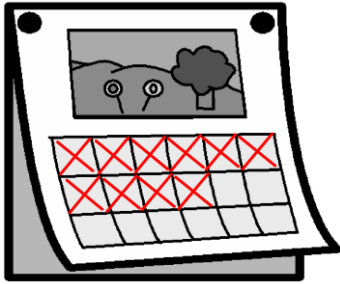
If you need to have a test, the appointment will be 30 minutes long.



You will need to go to your appointment 10 minutes early.



If you are a man, you must not wee for **2 to 3 hours** before your appointment.



After the test, you may need to wait for 10 days to find out the results of the test.



You can choose to find out the results in a text or a phone call.



If you have an infection, you will need to go back to the clinic for treatment.



The treatment is free.



If you have an infection, anyone you have had sex with will need to have a test.

SWISH staff can help you to tell them.



How to contact SWISH:



Phone

0300 1245010



www.swishservices.co.uk



SWISH@somersetft.nhs.uk



Learning
Disabilities
Service

Somerset Partnership
NHS Foundation Trust



Chief Executive: **Peter Lewis**, Chief Executive

Chairman: **Colin Drummond**

Title: SWISH Accessible Leaflet

Date Approved: July 2017

Date for Review: July 2018

