



Preparation for Insertion of IUS - Mirena coil or Jaydess, or IUCD- copper coil

We are keen to make your clinic visit as straightforward as possible. We will try to insert an IUD / IUS for you within appropriate clinics, therefore it is important that you have read all the information and are suitable for the procedure on the day you come. You can also discuss other methods with us as well and ask any questions.

The final decision to fit the coil will be taken by the Doctor on the day.

Please bring this form with you when you attend the clinic.

If you are unable to tick all boxes, please ring us on 0300 1245010.

Please tick the boxes to confirm that you have understood and agreed to the following:

- I have watched the DVD on IUD/IUS *or* read the leaflets *and* I already have had an IUD/IUS and am familiar with the method
- I have had my coil fitted by C&SH or SWISH in the past.
- My coil is for contraception.
- I am aged between 20-49 years.
- I have no new medical conditions or medication.
- I am currently using an effective method of contraception, such as a coil, and my coil is not overdue for refit, or I am using pills, injection or implant, with no errors.
- I understand that it is not safe to insert an IUD/IUS if I might be pregnant.
- I have not had sexual intercourse during the seven days prior to the coil refit.
- I will make sure that I have had breakfast/lunch on the day of the appointment.
A painkiller can be taken around an hour in advance.
- I am not at risk of sexually transmitted infection (eg I have not had a new partner for 12 months) or I have been tested recently for chlamydia / gonorrhoea.
- I understand that no method is 100% effective and that the IUD/IUS has a very small risk of failure (less than 1 in 100 chance of pregnancy).
- I understand that there is a 1 in 1000 risk of perforation of the womb at the time of insertion of the device.
- I understand that there is a 1 in 20 chance of the device falling out.
- I understand that the IUD/IUS will not protect against sexually transmitted infections and condoms in addition are recommended for this if for example I have a new partner.
- I understand that there is a small risk of infection (1 in 100) in the first few weeks following insertion of a device.
- I know that a copper IUD will make my periods slightly heavier, longer and more painful.
- I know that an IUS (Mirena) will make my periods much lighter but causes erratic bleeding and spotting in the first few months of use.

Name: _____

Date: _____